

This prayer takes 20 seconds to say.

Take a photo and use it when you wash your hands.

You can find a copy at balhannah.org – Balhannah Uniting Church

Today...

When we encounter anger

– grant us peace

When we encounter fear

– let us find understanding

When we encounter unfairness

– help us to seek justice through
patience

When we encounter uncertainty

– call us to calmness

May the distance we place between
ourselves speak of our love, care and
hope. AMEN.